SRI RAMAKRISHNA VIDYASHALA OLD BOYS' ASSOCIATION, MYSURU

## **ANNUAL RETREAT FOR OLD BOYS - 2025**

(A unique opportunity for self-rejuvenation, spiritual uplift and for acquiring knowledge essential for a contented life)

Date	: 12 <sup>th</sup> and 13 <sup>th</sup> July 2025
Theme	: Reorienting Life & Work to Spirituality
Venue	: Ramakrishna Institute of Moral and Spiritual Education (RIMSE)
Reporting Time	: Friday, 11 <sup>th</sup> July before 6.00 pm.
Departing Time	: Sunday, 13 <sup>th</sup> July after lunch.
Dress Code	: White dress (Shirt-Dhoti / Kurtha-Pyjama)

## Special features:

- Serene atmosphere of RIMSE
- Theme-based talks
- Daily prayer sessions morning and evening
- Guided Meditation and Yogasana classes
- Interaction in small groups with monks
- An opportunity to meet batch-mates and renew old memories

## Highlights of the Programme:

- Discourses by learned monks and distinguished speakers:
  Rev. Sw. Nityasthanandaji Mj., Adhyaksha, Ramakrishna Math, Bengaluru.
  Rev. Sw. Muktidanandaji Mj., Adhyaksha, Sri Ramakrishna Ashrama, Mysuru.
  Rev. Sw. Yukteshanandaji Mj., Correspondent, SRKVS, Mysuru.
  Rev. Sw. Mahamedhanandaji Mj., Correspondent, RIMSE, Mysuru.
  Vidhushi Dr. Arathi B V, Founder and Chairperson of Vibhu Academy, Bengaluru.
  Prof. Nandan Prabhu, Associate Prof. TA Pai Management Institutions MAHE, Manipal.
- Cultural Programme: *"Making of Vivekananda":* Direction: MP Karthik , Music: Praveen D Rao.
- **<u>Retreat Registration Fee</u>** : Rs.3,000/- (Rs.1000/- for students).

## **Details for Online Payments:**

The details of the online payment made along with your name and batch should be sent to us by email (<u>vidyashala@gmail.com</u>) or by WhatsApp to **9449350584** 

You may also send intimation about your participation by email (<u>alumnisrkvs@gmail.com</u>) and pay the prescribed fee at the time of reporting Spot registrations are also entertained.

Your efforts will be very much appreciated if you share this information with other alumni so that there is a greater number of participants for this important programme of the Association.

Mysuru Date: 16<sup>th</sup> June 2025 Dr B Sujaya Kumar Arun Kumar SECRETARIES